



KOL TIKVAH

THE VOICE OF HOPE



TEMPLE B'NAI TIKVAH

May 2021 • Iyar / Sivan 5781

[VIEW OUR CALENDAR ►](#)

Inside this issue:

[Rabbi's Message](#)

[New Constitution Meeting](#)

[Yahrzeits](#)

[Donations](#)

[President's Message](#)

[Social Action Updates](#)

[CACG](#)

[LIFE & LEGACY](#)

[Everyone Seder](#)

[Art & Scroll Studio](#)

[ARZA report](#)

[Adult Education Update](#)

RABBI'S MESSAGE – My Kid the Doctor! On Judaism and Medicine



Rabbi Mark Glickman

A Jewish couple who had just had a baby boy once sent out an announcement to their friends and family. It read, "Mr. and Mrs. Sidney Abramowitz are pleased to announce the birth of their son, "Dr. Sheldon Abramowitz."

"My son, the doctor!" (And now, "My daughter, the doctor!") It's a hope that seems as old as the Jewish people, itself. It expresses parents' hope for their children's professional success, of course, but we all know that there are very successful accountants, teachers, and hairdressers, too.

What is it about being a doctor that has long pulled so strongly at Jewish heartstrings?

Surely, there are many factors, but a major one, I think, is that Judaism itself has long treasured the work that doctors do. Or to put it more bluntly, we Jews have always taken health very, very seriously.

Several weeks ago, for example, we read an entire Torah portion – *Tazria-Metzora* – that focused primarily on how to deal with outbreaks of disease in our community. When Miriam suffered a scary skin affliction while wandering through the wilderness with the Israelites, her brother Moses cried out, "El na, r'fa na la. God, please heal her!" And as you know, during every worship service in our congregation, we pray the words of our Mi Shebeirach healing prayer, and we pray them from our hearts.

Yes, health and healing have *always* been close to the Jewish heart. Perhaps this is why Maimonides, one of the greatest rabbis in history, only moonlighted as one of the greatest rabbis in history. For his day job, he worked as a physician to the royal

court of Egypt.

There are some religions whose adherents refuse to see doctors, ostensibly leaving matters of health and healing up to God. Judaism rejects that perspective. In our religion, doctors, nurses, and other health care professionals don't take work out of God's hands. Instead, they *are* God's hands. The work that they do advances human life, and as far as Judaism is concerned, this is the essence of holiness.

So let's continue, as we have done for centuries, to treasure the work that our health care professionals do. Let's appreciate and thank them for their hard labors. And most important, let's heed their advice – mask up, distance, get your vaccine. Each of these acts is our responsibility not only as human beings, but particularly as Jews.

And if your child is one who devotes his or her career to the sacred work of healing, I hope you, like the Abramowitzes, *kvell* with pride over the wonderful work that he or she has chosen. They have chosen a truly holy path.

New Constitution Ratification – DATE CHANGE to May 11

Due to unforeseen circumstances, we have had to move our planned Special Meeting to ratify the constitution to May 11. We apologize for any inconvenience and look forward to seeing you online to help formally adopt this important document.

The new Constitution updates and refines our current constitution, which was last reviewed in 1997 – just about 24 years ago. The changes modernize and clarify the older document, and represent several years’ worth of work by the Constitution Review Committee.

At the Special Meeting, we’ll be asking that the new Constitution be adopted as is; amendments can be made to the document in the future, but we want to make sure that any proposed revisions get due consideration and careful writing. We hope to keep the document up-to-date moving forward through amendments as necessary, as opposed to big review processes every few decades.

You can review the proposed constitution ahead of the meeting at <https://members.templebnaitikvah.org/constitution.html>. You’ll need to log in with your Temple password – please contact the office if you have difficulty accessing the website.

We hope to see you at the Special Meeting to move forward with this important update.

YAHZRZEITS

TO BE READ ON APR 30-MAY 1

Louis Friedman	Marc Chappe	Majer Goldstein	Rose Leonoff	Helen Reiter
Shirley Burt Vinson	Ron Glickman	Fred Guy	David Riskin	Gerald Michael Lazarowicz
Lanny Snukal	Etta Switzer	Sharon Wolfson	Lloyd Michael Ashkin	Leah Cohen
Charles Spector	Celia Kornberg	Baruch Sugarman	Katherine Frankel-Kirch	

TO BE READ ON MAY 7-8

Sheldon Horovitz	Rose Levitt	Allan Devins	Syd Osten	Reinhold Kuehne
Max Chodak	Isadore Margolis	Abraham Spevakow	Irene Welikovitich	

TO BE READ ON MAY 14-15

Sarah Adelman	Rebecca Marks	Dorthea Powell	Annie Wyne	Jessica Krygier
Sarah Bardan	William Grobman	Malke Zeidman	Harold Barsky	Jeanne Liscum
Henry Ritter	Earl Lewis Black	Jane Isaacs		

TO BE READ ON MAY 21-22

Alice Gotlieb	Doris Levitt Small	Nettie Thompson	Jacob Frankel	Esther Freedman
Maurie Frankel	Russell Krusky	Clara Litchinsky	John Podlog	Abe Semel
Nan Paterson	Lou Hayes	Lily Hendler	Grace Jameson	Stephan Shlomo (Sioma) Zisman

TO BE READ ON MAY 28-29

Phyllis Black	Rebecca Hardin	Fay Berliner Zugman	Arnold Winston	Vera Himelfarb
Isaac Charikar	Pincus Sugarman	Benjamin Gelfond	Sam Goresht	Mohammad Ali Sadruddin
Saul Moscovich	Tillie Shulman	Rachel Devins	Vivian E Nicolson Shuman	Keith Danzel Abraham

LIFE CYCLE EVENTS

Condolences

- to Rabbi Mark Glickman, on the loss of his uncle, Rabbi Robert Marx
- to Alyson Grobman, on the loss of her father, Dr. Louis Epstein

Healing Prayers

Harvey Balakofsky, Yael bat Chava, Barney Faber, Lee Handy, Elisha Hawrys, Jennifer Hollerman, Carol Kert, Debbie Krygier, Rosalee Krygier, Murray Kornberg, Itzhak Likver, Joanne Potts, Steve Potts, Noah Purkin, Sofia Slovatek, Heather Spry Halls, Shauna Switzer, Meir ben Mordechai

**SAVE THE DATE:
Temple AGM
June 16, 2021**

The Temple's AGM will be held June 16. Watch for updates in weekly e-blasts and June's *Kol Tikvah*.

DONATIONS

TO	FROM	OCCASION
AL OSTEN BUILDING FUND		
Jonny Barrett	Peter Driftmier and Amy Matychuk	Mazel Tov
Temple	Naomi Johansen	In memory of my father Moshe Zack and sister Miriam Haavik
Temple	Harvey and Kim Bernbaum	In memory of my father Allan Bernbaum
Brian and Deborah	Danny and Roz Oppenheim	Condolences
Rabbi Glickman	Danny and Roz Oppenheim	Condolences
Alyson Grobman	Danny and Roz Oppenheim	Condolences
Alyson and Barry Grobman and Family	Roz Mendelson and David Hodgins	Condolences
Don and Sharman Atnikov	Stephen and Gloria Ross	Condolences
Temple	Betsy Ritter	In memory of father, Henry Ritter
BROWN BAGGING FOR CALGARY KIDS		
Temple	Pamela Janzen	
Temple	Michelle Elliott	
Temple	Hope Smith	
Temple	Meredith Cashion	
Temple	Susan Turner	
Temple	Lynne Loiselle	
Temple	Patricia J. Muir	
Temple	Roslyn Eskind	
Temple	Letitia Johnson	
Temple	Montford Ravlich	
Temple	Ross Martin	

Temple	Ryan Tourigny	
Temple	Carl Provencherr	
Temple	Annie Freezer	
Temple	Maureen McConaghy	
Alyson, Barry, Sara and Micah Grobman	Judy Shapiro and Richard Bronstein	Condolences
Temple	Jarvis Hall Gallery	
Temple	Samuel and Anna Lazareck Foundation Inc.	
GENERAL OPERATIONS FUND		
Temple	Ashley Owens	United Way of Calgary, Donor Choice Program
RABBI'S DISCRETIONARY FUND		
Temple	Judith Spevakow	In memory of my mother Edna McNeilly
Temple	Louise Kirshner	In memory of Oscar Kirshner
Rabbi Glickman	Myron and Susan Podlog	Thank you
Temple	Deborah Sword	In memory of my Zaida, Meyer Switzer
Temple	Marcia Century	In memory of Jack R. Century
Temple	Deborah Sword	
RITUAL FUND		
Temple	Patti and Bruce Winston	In memory of our parents
SHABBAT SCHOOL OPERATIONS		
Temple	Carole Stoffman	In memory of my husband Martin Stoffman
Lily and Noah Oster	Morah Leslie	Mazel Tov
SMOLKIN MEMORIAL WALL FUND		
Temple	Len Himelfarb	
SOCIAL ACTION FUND		
Debbie, Sadie and Lenny Werner	Susan Lubell	Condolences
Brenda, David, Rachel and Joshua Green	Susan Lubell	Condolences
Katie Baker	Myron and Susan Podlog	In Appreciation
TEMPLE OPERATIONS		
Temple	Michael Clarke and Kate Poovong	
YOUTH FUND		
Temple	Patti and Bruce Winston	In memory of Patti's sister Cece

PRESIDENT'S MESSAGE



Josh Hesslein, Temple President

So this is what it was like wandering in the desert.

The last several weeks have felt very odd to me. Very busy, and not terribly pleasant, but with an overarching expectation of great things to come.

A few millennia ago, our ancestors the Israelites were coming from Mount Sinai, where they received the Torah, and on their way to Canaan – the land promised to their own ancestors generations before. But they weren't there yet. They were still wandering through the desert day after day, eating the same dried dew every morning. They had worked hard on the construction of a tabernacle in the Tent of Meeting – not that any of them got to see it. (Aaron's descriptions were very detailed though.) Important events were behind them, and important events ahead – but today they were walking through the same hot and dry land, with no knowledge of whether it would be them – or perhaps their children – who would arrive at the land flowing with milk and honey. This had gone on for years, it felt

like, and even their great leader had perished in the desert rather than in the promised land. But the tribal leaders were doing huge amounts of work to keep everyone safe, healthy, counted, and moving forward. The terrain had been looking a little nicer recently, too, the ground softer and greener, and scouts had come back advising of a river ahead... could this be the land they were looking for?

Nowadays, this pandemic has been dragging on. This past month, you may have felt like me: moving through a space between big things. Unlike the Israelites, I'm not going anywhere physically. Heck, I've barely come out of the basement in months. Days look like each other, and almost every face I've seen has had either a mask over it or a video window around it. I keep the corner of my eye on the rise and fall of case numbers and vaccine delivery amounts the way a stockbroker keeps their eye on the rise and fall of share value and merger reports. The weather has been warmer, though, the window in the kitchen a little brighter, and I've started to hear stories of people I know getting vaccines.

The road to reopening seems fraught with setbacks (because it is) and reasons to be anxious (because there are). But we do know, like the Israelites, that something better is ahead, if we keep to the path and keep moving forward. In the meantime, our tribal leaders – the Rabbi, staff, Board and Committee leads – have been working very hard to provide nourishment for our Jewish souls. We have adult education classes, youth group activities, we're still doing clothing sorting and sandwich making, as well as environmental and social justice initiatives. Book clubs and chant services, and visiting Rabbis from South Africa. Sign up for our "Yad b'Yad" program to lend a hand to someone who needs help – or sign up to get the help you need.

I'm looking forward with a lot of expectation to the end of this pandemic, as I'm sure you are. I'm sure there's a promised land ahead – one flowing with unmuted interactions and unmasked smiles. With that goal in mind, I'm content to plod through the desert with you.

In the meantime, I know all this online stuff isn't quite the same as in person, but hey – if you can't have steak in the desert, try the manna. It's not half bad.

THE KOL TIKVAH TEAM

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Volunteer Kol Tikvah Proofreaders Allan Bell, Marcia Bell, Elaine Hashman, Jane Paterson, Myron Podlog, Alex Zisman

SOCIAL ACTION UPDATES

Anti-Racism Committee *Call for Volunteers*

We are pleased to announce that Temple B'nai Tikvah has signed our commitment to the 9 Pillars for Racial Equity within Jewish Organizations from No Silence On Race. No Silence On Race is a Canadian Jewish group that provides guidance on racial equity within Jewish organizations. To learn more, go to <https://www.nosilenceonrace.ca/>.

To follow through with our commitment, we are starting an Anti-Racism Committee. This committee will be in charge of creating and implementing anti-racist policies and strategies at Temple, using the 9 Pillars as guidelines. If you are interested in joining, please contact Nadine Levinstein Rodriguez at nadinelr2000@gmail.com.

Our Little Garden Box Needs a Gardener



Our Temple garden box, located on the west side of the building, is hopeful that someone will tend to her needs this summer. She has successfully produced assorted veggies in years past and would like to do so again. She brightens our lawn and provides a nice little harvest to give away. She could also use a facelift in the way of a refinishing if someone is able to provide that.

If you think that you can help, please contact Carole Schwartz at caroleaileen@gmail.com or phone 403-686-4129.

Spring Break Hampers for BB4CK Families

Under the expert organization and amazing shopping skills of Mindy Selby, 37 food hampers were delivered to our Brown Bagging for Calgary Kids schools and distributed to families who indicated their need. Mountains of canned goods, boxed goods, fruit, vegetables and even cheese, eggs and bread were packed up and delivered by several Temple members and other volunteers. A big thanks to Mindy and all of the volunteers who made this happen. It was quite a feat!



Anti-Racism Book Club

The Temple's Anti-Racism Book Club meets monthly on Zoom to discuss previously selected books on racism and Indigenous and other racial minority group issues. To accommodate our members' schedules, we have two meeting times—the last Monday of the month at 7:30pm and the last Tuesday of the month at 7pm. New members are welcome! Contact Betsy Jameson at jameson@ucalgary.ca for more information.

— Nadine and Andrea Levinstein
Rodriguez, Betsy Jameson and
Caron Glickman



CALL TO ACTION

180 Handmade Blankets and Shawls Needed Be a Part of The Mitzvah of Caring!

The Shawl-om Project is in a new partnership with JFSC. This Jewish community program welcomes all to contribute hand-made shawls and lap blankets to be distributed to those in our Jewish community in need of comfort.

Click [here](#) for all the details or [email Michele Doctoroff](#).



CALGARY ALLIANCE for the COMMON GOOD (CACG)

Background: The Calgary Alliance for the Common Good is a non-partisan and non-profit alliance of congregations, unions, schools and community groups in Calgary representing more than 35,000 people. These organizations came together in order to organize the power of our communities to shape a just and compassionate city. Our Temple is one of the founding members of the CACG. The organization has a range of ongoing campaigns with active participation from Temple members, and the interest is growing. You can find out more about the alliance at <https://www.calgarycommongood.org/>.



Report from the Delegates Assembly

On April 7, 2021, Ayala Roudstein and Susan Podlog attended the virtual Delegates Assembly, which passed current action items for the Alliance.

In the area of Truth and Reconciliation, the Alliance members voted to take on the issue of having the CBE change the name of Langevin School.

In the area of Environment, the members voted to take on the issue of Enmax going net-zero by 2050. More details about these initiatives are on the Alliance website.

If you are interested in learning more about the current campaigns of the Alliance, becoming involved with the core group of Alliance-supporters at Temple or participating in research groups or training, please contact Ayala Roudstein at aroudstein@gmail.com.

Municipal Election Team

Susan Podlog has volunteered to engage in a Municipal Election Team. The Mayor and several ward councillors are not running for re-election in October, changing the makeup of City Council. The role of this team is to help inform us about the candidates and key issues. By organizing "Coffee with a Candidate" meetings in our organizations, the hope is to find out where candidates stand on issues that are considered important for the 'common good.'

Coffee with a Candidate

If you would like to participate, but aren't sure how - never fear, there is a training session you can attend! Training session: Coffee with a Candidate Wednesday, May 5 at 7:00 PM (Zoom) You can sign up here: https://www.calgarycommongood.org/2021_training_coffee_with_a_candidate

LIFE & LEGACY: Who do you want to inherit your estate?

WE DID IT! Temple met the March 31 Year 2 goal that will result in a \$10,250 incentive award to our synagogue. How did we do that? With your help. There are now more than 50 families who are saying to us: 'yes, I plan to allocate some funds for the future of our Jewish community.' So Kol Hakavod to all the members of the Temple Legacy Circle (listed below).

And the really great news is that all the Calgary Jewish Community synagogues and agencies met their goals. City-wide we have 544 Letters of Intent, with a future endowment when realized of \$17.3 million.

Signing a Letter of Intent is a wonderful first step, and we are so pleased that now approximately 1/6 of our congregation has done so. We need additional Letters signed, and we will continue to reach out to people. But the next step for those of you who have already signed is to decide how you want to leave your legacy gift (life insurance, bequest in your will, etc.) and to actually finish that paperwork. In early April, the Temple LIFE & LEGACY Team began Year 3 with a workshop on this next step, called 'formalization.'

We are very fortunate in having a new Team member who believes that he can help each of you sort out the details so that you make a decision that best suits you and your family. Below we introduce Josh Orzech, a Temple Board member, father of two children, and a member of the Temple Legacy Circle who has formalized his commitment. As an experienced businessman, much of this information represents a simple business decision to him. And he would like to talk to you. It is Josh who has submitted this month's testimonial, through which you can get to know him a bit. And then, please contact him or let one of us know that you would like some guidance.

The question you need to ask yourself is this: when you pass away, who do you want to leave money to? There are three entities who will want portions of whatever amount you leave, no matter how small or how large – 1. your heirs (who presumably you especially want to support), 2. the people collecting taxes, and 3. your favourite charities. You can use item 3 (your charitable deductions) to reduce item 2 (your taxes) if you wish, and Josh will give you the details.

Thank you from the Temple LIFE & LEGACY TEAM: Ron Bing, Gertrude Cohos, Josh Orzech, Mark Paidra, Cheryl Shore, Bonnie Kaplan (403-245-0568; bonniejoykaplan@gmail.com).

THE TEMPLE LEGACY CIRCLE AS OF MAR 31, 2021

- | | | |
|-------------------------------------|---------------------------------------|---------------------------------------|
| 1. Anonymous (3) | 19. Lisa Welikovitch & Mark Paidra | 35. Marc Ereshefsky & Ayala Roudstein |
| 4. Judy & Ron Bing | 20. Josh Hesslein | 36. Joshua Orzech |
| 5. Bonnie Kaplan & Richard Conte | 21. Annie Brodsky | 37. Rabbi Mark & Caron Glickman |
| 6. Gertrude Cohos | 22. Norman & Kathy Schachar | 38. Monica & Gustavo Adrian Lis |
| 7. Shauna L. Switzer | 23. Roz Mendelson & David Hodgins | 39. Cathy Basskin |
| 8. Cheryl & Morley Shore | 24. Naomi Johansen | 40. Rick Phillips |
| 9. Peta Glezerson | 25. Nadine & David Drexler | 41. Rabbi Rick Kline |
| 10. Susan Light | 26. Sid Horovitz | 42. Phil & Jane Rotman |
| 11. Jane Paterson | 27. Carolyn Devins | 43.-44. Howard & Mona Bell |
| 12. Daniel & Roslyn Oppenheim | 28. Sara Hastings-Simon | 45. Jeff & Helen Faber |
| 13. Tibor Kaldor & Megan MacFarland | 29. Jennifer Eiserman | 46. Ben & Vivian Herman |
| 14. Alex A. Osten | 30. Ashley Runka Owens & Dustin Owens | 47. Shelley Werner |
| 15. Larry & Tina Stanleigh | 31. Michael Tavel Clarke | 48. Abigail Draper |
| 16. Michele Doctoroff & Ted Switzer | 32. Hartley & Nadine Waldman | 49. Lorraine Spector |
| 17. Betsy Jameson | 33. Jonathan Zyto & Susan Klassen | 50. Martin Molyneaux |
| 18. Jack & Donna Newton | 34. Ron Plucer | 51. Deborah Yedlin |

Continued on page 9



In the photo (left to right):
Spencer, Josh, and Jordan
Orzech.

LIFE & LEGACY Testimonial

Josh Orzech

My boys and I moved from Toronto to Calgary in 2014 and joined Temple soon after to be part of Calgary's Jewish community and continue the boys' Jewish education. The Shabbat School program has been a great experience for them, and I have enjoyed meeting the other parents.

I believed that giving back to Temple through the LIFE & LEGACY program was a great idea to ensure Temple's long-term viability, but what sold it for me was a simple choice – Do I want money in my estate to go to the Canada Revenue Agency or to a better cause? I was directed to LIFE & LEGACY's calculator at jfc.ca/legacy and was surprised to learn how much the government could take in taxes when I die.

To me, the small loss to my boys' inheritance was greatly offset by the knowledge that the government would receive less, and I would help to ensure Temple could continue to serve our community for generations.

Once I decided to participate, the process was easy. I signed the Letter of Intent with Bonnie Kaplan and then discussed whether leaving part of my life insurance or leaving money in my will was easiest and most tax effective. In my case, naming LIFE & LEGACY as a beneficiary in my life insurance was easiest. One call to my life insurance agent and two documents completed and my participation in LIFE & LEGACY was formalized.

Everyone will participate or not participate in LIFE & LEGACY for their own reasons. To me, reducing estate taxes AND ensuring Temple's legacy WHILE not significantly reducing my boys' inheritance was the perfect balance.

I would be happy to discuss my LIFE & LEGACY experience and process if you are interested. You can reach me at joshorzech@yahoo.com.

Everyone Seder

This year the Women's Seder became the Everyone Seder, went virtual, and remained a moving and nourishing celebration. Its success owed everything to Katie Baker's inspired new Haggadah, her energy, talent and leadership. Many thanks, Katie.

Heartfelt thanks, too, to Ashley Runka Owens, Eileen Quan, and Carla Atkinson for delivering ritual foods. It couldn't have happened without you—or without all of those who joined to celebrate freedom in challenging times.

Art and Scroll
STUDIO

Threads of Torah:
Woven Words and Wisdom

with Embroidery Artist
Rachel Braun and
Rabbi Mark Glickman

May 19, 2021
7pm MDT

LIVE ZOOMINAR SERIES
CELEBRATING JUDAICA ARTISTS

ARZA Report

If you are getting the ARZA newsletter, then you are probably aware of the following news, but great news bears repeating!

On March 1st the Israeli High Court of Justice ruled that Reform and Conservative conversions performed within Israel are valid for purposes of citizenship. The Court had delayed ruling on this, deferring to the Knesset to resolve the issue, but after fifteen years of legislative inaction the court went ahead with its decision. Curiously, non-Orthodox conversions outside of Israel have been recognized for years. Nonetheless, right wing and religious parties have condemned this decision and have vowed to pass legislation to reverse it. Chief Rabbi David Lau said that "Reform converts and their like are not Jews," which might come as a surprise to some of us.

In the last election, Rabbi Gilad Kariv, head of the Reform movement in Israel, was elected to the Knesset. He is the first Reform rabbi ever to do so, an achievement we can all celebrate.

These victories are hard won, and have been a long time coming. I hope they remind us how important it is for a Reform voice to be heard in Israel, and how our support can make a difference.

If you haven't seen this video from the Times of Israel, I think you will find it inspiring and thought provoking, as well as just plain beautiful. It makes me long to go back; if you have never been, it might just make you add Israel to your post Covid travel plans. <https://youtu.be/CTeyqQpdd6E>

or you can search "Telling Israel's Story" and you will find the video.

Please do not hesitate to reach out to me with your thoughts or feedback about ARZA or any ideas you might have for Israel Engagement activities.

— Mark Paidra

ARZA Canada Congregational Representative
mpaidra@gmail.com

Adult Education Update

Spring is finally upon us! The leaves are opened, the grass is green, young birds, rabbits, deer, and other creatures share our neighborhoods. Growth and life surround us! Adult Education at Temple adds to these opportunities for growth, in keeping with the season:

Rabbi Ilana Krygier-Lapides will be leading a Mussar during **Lunch and Learn at noon on May 5, 2021.**

To participate:

Zoom Link: <https://us02web.zoom.us/j/82916780496?pwd=UU1mMHJlRFVldjZlWUEYxeUtQVTdkdz09>

Passcode: **715157**

Meeting Id: 829 1678 0496

Find your local number: <https://us02web.zoom.us/j/82916780496>

This year we will be participating in the Canadian Council for Reform Judaism's second virtual, Canada-wide Tikkun Leyl Shavuot for the Reform community, scheduled for **May 16-17, 2021, from 7:00 pm to 2:00 am [EST]**. Please join in for part, or all, of this night of learning and spiritual growth.

Art and Scroll will be hosting their season finale, **Wednesday, May 19, 2021 at 7:00pm** with embroidery artist Rachel Braun and Rabbi Mark Glickman. Please see Art and Scroll's announcement on page 9 for further details and register here: <https://www.eventbrite.ca/e/art-and-scroll-studio-presents-threads-of-torah-tickets-152053292491> .

Would you like to join the **Anti-Racism Book Club**? If so, please contact Betsy Jameson (jameson@ucalgary.ca) for more information about meeting times and books currently being read.