



KOL TIKVAH

THE VOICE OF HOPE



TEMPLE B'NAI TIKVAH

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Affiliated with the Union of Reform Judaism and the Canadian Council for Reform Judaism

September 2016

Av / Elul 5776



From the Rabbi's Study

Rabbi Mark Glickman

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Elul: A Time to Prepare

At a congregation I served many years ago, a couple showed up for a bar mitzvah one Saturday morning holding Days of Awe prayer books in their hands. The usher politely tried handing them a Shabbat prayer book, but they said "No thank you, we brought our own."

"But ... but that's not the book we're using this morning," the usher said.

The couple became indignant. "Well," they huffed, "where we come from, *whenever* we go to Temple, *this is the book we use!*"

That couple's indignation was misplaced, of course, but it also reminds us of the power of the days that lie ahead of us.

It is Elul, the last month of the Hebrew year 5776, and in just a few short weeks, hundreds of us will gather at Temple for our Days of Awe services. Not every Jew will be in a synagogue during those days, but a lot of us will – more of us than at any other time of the year.

At B'nai Tikvah, this year's Days of Awe observances promise to bring a unique combination of old and new. On the one hand, we'll be praying old words, performing ancient rites, and seeing many old faces that are very familiar to us. On the other hand, this year at our congregation, we'll be praying out of new prayer books, we'll be singing a few new melodies, and there will be a new rabbi on the bimah. It is this combination of old and new which brings such great promise to the days ahead of us.

During the month of Elul, observant Jews hear the sound of the shofar each day, and they also recite penitential prayers and psalms to prepare for the Days of Awe ahead. They do so because they know that the work of repentance – *teshuvah* – is difficult work indeed, and that it takes preparation to do right. After all, our challenge during this time of turning is to do nothing less than remake ourselves, and that can be very hard work.

At B'nai Tikvah, we may not recite penitential psalms during Elul, and we may not hear the shofar until Rosh Hashanah itself actually rolls around. But in the meantime, we can prepare ourselves

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Check out our Facebook page for more updates!

bnaitikvah.ca

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emotionally and spiritually for the challenges of the next several weeks. Now is the time to begin examining yourself. Now is the time to begin figuring out how to better yourself. Now is the time to chart the course ahead to becoming the best *you* you can be.

The Hebrew word *Elul*, our sages noted, is actually an acronym for a passage from the Song of Songs: "*Ani l'dodi v'dodi li - I am my beloved's and my beloved is mine.*" This month can be a love song to God. Do it right, and you can unite with the Divine; do it right, and you'll feel the loving presence of God in your heart, mind, and soul.

The couple that visited my previous congregation will probably be at services this coming Rosh Hashanah and Yom Kippur, as will countless others. At B'nai Tikvah, hundreds will be there, standing alongside you - with one another and before God. If we all do it right, it will be a truly awesome experience.

During Elul, let's prepare ourselves to make it just so.

Notes from the Office

Membership Renewal Forms Are Due

If you have not already done so, please return your forms as soon as possible. Debbie, our bookkeeper, is asking for your help when filling out the membership renewal form for 2016-2017. She asks that if you are planning to pay with your credit card, you fill in the COMPLETE CREDIT CARD NUMBER on the form. A new system was implemented recently and she is no longer able to see your complete credit card number. This takes only a few extra minutes, but it increases the security tremendously.

Donations to Temple

There are several ways for you to donate to Temple.

Oneg sponsorship — to sponsor an oneg for a special occasion or in memory of a loved one you can choose from the following: a Pizza Party (\$250), Shabbat Shiraz (\$54) or a regular oneg (\$180).

Saturday kiddush sponsorship — \$150.

Tribute cards — for a minimum donation of \$18 you can send a card to express your condolences or to remember a special occasion.

Safeway cards — we have cards in the amounts of \$25, \$100 and \$250 for you to purchase.

For any inquiries on the above, please call the Temple office Monday through Friday.

Life Cycle Events

Mazel Tov

- Norm and Kathy Schachar on the birth of their granddaughter.
- Daniel Lenfest-Jameson and Barbara Steward on their marriage on July 22.
- Dara Geffen & Sean Davey on the birth of their twins; Harrison & Reid on July 26.
- Willow Paxton on her conversion on August 4.

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THE KOL TIKVAH TEAM

NON-MEMBERS KOL TIKVAH
SUBSCRIPTION \$30 PER YEAR

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President's Message

Betsy Jameson

Fall is my favourite season. I love crisp autumn days, the changing yellow, red, and orange leaves, the smell of wood smoke. But it's not just the weather. I loved autumn during my childhood on the Texas Gulf Coast, where fall meant that a few trees faded to brown, but not much else changed—certainly not the heat or humidity that made my glasses slide down my nose in the sweltering Galveston schoolrooms. I love fall mostly because for sixty-four years it has brought the excitement of a new school year, of new teachers, new books, reconnecting with old friends and making new ones, the promise of new beginnings.

That excitement surrounds new beginnings at Temple this fall as well. One new beginning took place in July, when we welcomed Rabbi Mark Glickman. There will be lots of opportunities this year for members to get to know him. Personally, I've enjoyed the energy at services and the rabbi's *drashes* Friday nights and Torah study Saturday mornings. Who knew you could get so much wisdom from the history of Jews' relationship to the Olympics? Who knew that there was substantial rabbinic commentary on the connection between *D'varim*, "Words"—the Hebrew name for Deuteronomy—and bees? Yeah, bees. You had to be there. I look forward to more.

Fall means a new Temple school year, too. Temple's Shabbat School, as our incomparable Education Director Jenny Laing puts it, offers "family education, holiday celebrations, liturgical Hebrew and an amazing, *haimish* school community." For adults, Rabbi Glickman will be offering

Introduction to Judaism and Great Jewish Ideas. Katie Baker is teaching Torah trope on Saturday afternoons after Kiddush. And we plan to initiate a new weekday Lunch and Learn get together at Temple.

The fun times begin September 16, with a Welcome Back Picnic Potluck and Kabbalat Shabbat. Temple will provide hotdogs—bring a non-dairy dish or dessert and join us.

Fall, of course, also brings the High Holidays, and more new beginnings. It will be our first High Holidays with Rabbi Glickman. And, for the first time we will use *Mishkan Hanefesh* for all High Holiday services. After our taste of *Mishkan Hanefesh* at Kol Nidre last year, I'm excited to dive into it more fully with Rabbi Glickman.

November will bring Rabbi Glickman's installation, as we formalize our covenant as a congregation with our new rabbi. In November, too, we continue our tradition of offering the best Israeli music in western Canada with a concert by acclaimed Israeli singer Noa (Achinoam Nini). Thanks, as always, to Steve Eichler, who has brought us such a variety of talented Israeli musicians.

So this fall brings lots of new opportunities for worship, learning, fun, celebration, and service at Temple B'nai Tikvah. Please join us, and please share your ideas for programs and for strengthening our community.

And please, if you have not yet sent in your membership renewal, Temple B'nai Tikvah wants you. If you have not received your renewal materials, please contact the Temple office.

So one final word. I know that the Alberta economy is creating hardship for some Temple members. That reality challenges us to come together even more strongly as a community. We don't want to lose anyone for economic reasons. We welcome ideas for how we can most be supportive of members enduring difficult times. If the economic downturn is straining your budget, please do not let that drive you from Temple. Please, let us know what you need, what you can give, and let's hang in together as a community.

Life Cycle Events (cont.)

- Aidan Steinfeld on his Bar Mitzvah on August 20.
- Ilana Lebon on her Bat Mitzvah on August 27.

Upcoming B'nai Mitzvah

Nicole Cohen on September 17

Condolences

- Don Krusky on the loss of his brother Russell Krusky.
- Judith Hagen on the loss of her niece Lori Dudder.
- Alan Dowty on the loss of his wife Gail Dowty and Betsy Jameson and the community on the loss of a dear friend.

Healing Prayers

Harvey Balakofsky, Sarah Staum, Lisa Marr-Laing, Barak Moshe ben Ruth, David Adelman, Martin Stoffman, Michael Sautman, Sherry Bambury, Allan Bambury, Alan Laing, Evy Carnat, Eric Grief, Anne Belzberg, Norma Sautman, Landon Macarenhos, Sylvia Meyers, Ellen Dunn, Stella Peszneker, Marsha Carnat, Julia Cornester, Hazel Orpen, Norma Karlinsky, Eva Zambilowicz, Shirley Dunn, Mara Vogel, Trisha McKinney, Nancy Wolford, Anna Tarsitano, Bronwyn Leifer, Bob Dudder, Carla Atkinson, Jacob Birrell, Trudy Stout

Todah Rabah to the Following for Oneg Sponsorships

- The Carnat Family – In memory of Toby Molly Rose & Isadore Margolis
- Stephen & Gloria Ross – In memory of Hector Ross
- Betsy Jameson – In honour of the marriage of Daniel & Barbara
- Steve Eichler, Tracey Rumig & Oscar – In memory of Sam Eichler
- Rebecca Collins – In memory of David Berkovits
- Dr. Edward Rosenbaum – In memory of Saul Rosenbaum
- Frank Rackow, Leslie Myers & Barbara Rackow – In memory of Phyllis Rackow
- Polina & Lazar Ersh – In memory of Ginda Ersh
- Kathleen Steinfeld – In honour of her son Aidan's Bar Mitzvah
- Serge & Sandrine Lebon – In honour of their daughter Ilana's Bat Mitzvah
- Annabelle Gurevitch in memory of Barbra, Karl and Ben

Yahrzeits

To be read on September 2

Michael Andersen	Jerry Greif	Rose Shannon	Matthew Stein
Henry Switzer	Abraham Kahanoff	Michael Roitman	Simon Smolensky
Toni Kohn Woodward	Eva Safir	Dora Florence	Bertha Devins
Hyman Schwartz	Iser Maslove	Adelle Rubin	Richard Edwyn Stanleigh

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To be read on September 9

Arnold Churgin	Barbra Klinger	Ormond Hawes	Peter Schwabe
Bernard Wise	David Steinberg	Sam Finkleman	Abraham Gold
Margaret Lipkind	David Alan Jameson	Neil Livergant	Rachel Boguslawski
Cesia Mowszowicz	Morris Carnat	Sam Palnick	Sylvia Staum
Harry Kreitzer	Joseph Loomer	Gloria Chappe	

To be read on September 16

Harry Regis Schwartz	Maurice Levine	Steve Hyman	Anne Frank
Jack Bleviss			

To be read on September 23

Ben Gurevitch	Betty Narun	Eva Christensen
Sylvia Ashkin	David Leiserowicz	Esther Leiserowicz
Golda Leiserowicz	Zeesel Leiserowicz	Esther Robins
Harry Knelman	Phyllis Paul	Max Ross
Betty Switzer		

To be read on September 30

Minnie Kahanoff	Trudy Malais	Clara Fromson	Doreen Shachter
F. Bella Bleviss	Benjamin Kerr	Mark Luffer	Susan Rasnick Guenther
Simon Singer	Shana Zimmer	Marlene Pivnick	Merv Johansen
Annie Hapton			

Donations

In Honour Of	From	Occasion
Building Fund		
Temple	Molly Ross	In memory of Hector Ross
Steve Eichler	Jane Paterson	In appreciation
Temple	Jack & Brenda Karp	Mazel Tov
Rabbi Osadchey	Danny & Roz Oppenheim	Condolences
Cynthia Prasow	Danny & Roz Oppenheim	Mazel Tov
Habitat for Humanity		
Temple	Cynthia Simmons	Habitat for Humanity Build
Daniel Arato Fund		
Martin Molyneaux	Judith & Peter Arato	Get Well
Lisa Rosengarten	Judith & Peter Arato	Get Well

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In Honour Of	From	Occasion
General Operating Fund		
Sid Horovitz	Steve Eichler	In appreciation
Norm Yanofsky	Steve Eichler	In appreciation
Betsy Jameson	Steve Eichler	In appreciation
Roz Mendelson	Steve Eichler	In appreciation
Ted Switzer	Steve Eichler	In appreciation
Cynthia Simmons	Steve Eichler	In appreciation
Andy Kubrin	Steve Eichler	In appreciation
Elise Thomas	Steve Eichler	In appreciation
Tina Stanleigh	Steve Eichler	In appreciation
Bruce Winston	Steve Eichler	In appreciation
Michael Tavel Clarke	Steve Eichler	In appreciation
Elaine Hashman	Steve Eichler	In appreciation
Yaara Eilon-Avigdor	Steve Eichler	In appreciation
Sarah Rosenfeld	Steve Eichler	In appreciation
Lori Hartwick	Steve Eichler	In appreciation
Joh Zyto & Susan Klassen	Steve Eichler	Encouragement
Vanessa Horan	Steve Eichler	Encouragement
Donna Riback	Steve Eichler	Encouragement
Judith Hagen, Lionel Conn & Family	Jeff & Rich Eichler	Condolences
Temple	Stephen Kahn	In memory of Bea Kahn
Daniel Lenfest-Jameson & Barbara Steward	Steve Eichler & Tracey Rumig	Mazel Tov
Alan Dowty	Talmon & Ena Hertz	Condolences
Jewish Enrichment Fund		
David Lapides, Ilana Krygier Lapides & Family	Jane Paterson	Condolences
Alan Dowty	Betsy Jameson	Condolences
Kiddush Fund		
Susan Podlog	Frank Rackow, Leslie Myers & Barbara Rackow	In appreciation
Temple	Morley & Cheryl Shore	In memory of Morry Rogers
Temple	Michele Doctoroff, Ted and Sydney Switzer	In memory of Blanche Gorsky
Temple	Helen Walker	In memory of Morley Wachnow
Temple	Michele Doctoroff, Ted and Sydney Switzer	In memory of Bertha Nemerovsky
Temple	Phyllis Krygier	In memory of Henry Krygier
Temple	Age Agema	In memory of Janna Agema
Jane Paterson	Paul Ziff	In appreciation

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In Honour Of	From	Occasion
Rabbi's Discretionary Fund		
Rabbi Teri & Jon Leo	Frank Rackow, Leslie Myers & Barbara Rackow	In appreciation
Al Osten & Bud Victor	Jeff Kushner & Randall McGinnis	In appreciation
Temple	Adrian & Monica Lis	In memory of Juana Cudsko De Asrilian
Temple	Sophia Slovatek	In memory of Chaim & Atela Slovatek & Michael Roitman
Rabbi Glickman	Abby Miller & Anthony Edward Charron	In appreciation
Marilyn Libin & Family	David Adelman	Condolences
Norm & Kathy Schachar	David Adelman	Mazel Tov
Shabbat School Fund		
Karina Szulc	Marsha Carnat	Condolences
Smolkin Memorial Wall Fund		
Temple	Len Himelfarb	In memory of Vera Himelfarb
Harriet & Phil Libin	Barry & Debby Smolkin	Condolences
Mrs. M. Davis	Len Himelfarb & Cathy Somes	Condolences
Temple	Barry & Debby Smolkin	In memory of Pauline Smolkin
Lionel Groberman	Len Himelfarb & Cathy Somes	Happy 90th Birthday
Social Action Fund		
Sean Lynch	Betsy Jameson	Mazel Tov
Alexandra Scott	Betsy Jameson	Mazel Tov
Talya Ghert	Betsy Jameson	Mazel Tov
Michael King	Betsy Jameson	Mazel Tov
Leah Chan	Betsy Jameson	Mazel Tov
Brandon Kanefsky	Betsy Jameson	Mazel Tov
Sydney Devlin	Betsy Jameson	Mazel Tov
Aaron Rigg-Goldblum	Betsy Jameson	Mazel Tov
Grace Elman	Betsy Jameson	Mazel Tov
Ben Palter	Betsy Jameson	Mazel Tov
Ella Palter	Betsy Jameson	Mazel Tov
Betsy Jameson	Jane Paterson	In appreciation
Temple	Barbara Rackow	In memory of Phyllis Rackow
Tess Morgenstern-McCormick	Temple	In appreciation
Rabbi Osadchey	Temple	Condolences

Notices

Great Jewish Ideas

In an age of fluid identity, many people are honestly asking the question "Why be Jewish?" What in this religious and ethnic legacy is worth preserving? Does Judaism have something unique to offer a contemporary seeker free to choose a way of life and a system of values?

This course will help provide answers to these important questions. Together, we will examine some of the greatest ideas that have characterized Judaism and the Jewish people since their inceptions, challenging us each along the way to consider our own Jewish identities and the ideas that we stand for in our own lives.

We'll meet Thursday evenings from 8:00 - 9:00 pm. Contact the office to register.

— Rabbi Glickman

Save the Date

Please save Friday November 18, 2016

for a

Special Installation Service for Rabbi Mark Glickman

at Temple B'nai Tikvah

Adult Torah Trope

Interested in learning to chant Torah this year? After High Holy Days, our talented Katie Baker will be teaching Torah trope on Saturday afternoons at 12:45 to 1:30. Classes will be held on October 15 and 29, November 5, 12, 19 and 26, and December 2 and 10, for a total of eight classes. Cost: \$40 for all classes. Call the office to register.

Help needed for Syrian Refugee Family — Do you have some time to spare?

In April of this year, Temple forged a relationship with Living Spirit United and Friends Church to support a newly arrived refugee family in Calgary. Members from all three congregations have been involved in various ways to offer support. The Ghanam family seem to be making their way. Daughters 16, 14, 11 and son 7 are progressing well in school given many challenges of a new land and new language. Parents show warmth and gratitude. Support to the family has included medical and dental responses, co-ordination of ESL for adults and children, shopping excursions, visits to local sites, such as the library or parks and events, even English home movie nights thanks to a donated DVD player. More recently the summer programming included arranging for ESL online programs and soccer camp and park "drop ins" for the children.

Day to day, the family makes good use of public transportation. Drivers have volunteered, however, to ensure family members get to programs, particular events or appointments. Because the Ghanem family lives in the Patterson area without a vehicle, it has been very helpful to have volunteers, especially those who form some bond with the family, help periodically get family members to designated appointments or special programming. This makes the transition so much smoother.

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I have been involved with a team helping the family with aspects of school planning, tutoring and support. There now seems to be a small group regularly involved. More help over the next months and into the school year would make a big difference. Three people have been welcomed into Wildwood School over the last months to help the two younger children. This meant acting as volunteers, working with the ESL and classroom teacher. Another volunteer has worked to help with online programme placement and learning issues that have emerged for the high school and junior high adolescents.

Helping at Wildwood School, driving to appointments, helping with trips to the local library or times to visit and speak English with various family members are ways for volunteers to help. Much of the leadership and organization has been managed by a co-ordinator from Living Spirit. More recently I have helped coordinate support for the younger elementary school age children. I see a need for more participation. If you have a few hours to offer, please be in touch at spodlog@shaw.ca.

— Susan Podlog

Transition Committee

We are all very pleased that Rabbi Glickman has arrived and is well settled into his new home and new job at our synagogue. Many of you have taken the opportunity to come to services, and to meet him individually or at group activities such as our potluck Shabbat dinner or our recent Fullerton Loop Hike.

Over the course of the coming year, we will be asking congregants to host small, informal gatherings where Rabbi Glickman can get to know all of us as more than a smile and hello at an oneg, or a name on a committee. If you are interested in being a host, please contact Roz Mendelson at rmendelson@shaw.ca, or through the Temple office. Please watch for the e-mail blast and Kol Tikvah to see when and where the gatherings will be, as we are hoping to include everyone.

— Roz Mendelson

Information Technology at Temple

Temple is seeking an experienced IT professional to assist with the infrastructure at Temple. MS Server and MS Exchange experience is required. Experience with Office 365 Exchange and Microsoft Azure are strong assets. Please contact tess.mccormick@me.com for more information.

— Tess McCormick

TEMPLE B'NAI TIKVAH
WELCOME BACK
PICNIC POTLUCK* &
KABBALAT SHABBAT



Join Rabbi Glickman, Board of Trustees and staff for an evening of food, fellowship and fun!

FRIDAY, SEPT 16

6:30 PM

Please bring one family-sized salad, side or dessert

*NO DAIRY PLEASE – As hotdogs will be served, it is the policy of Temple B'nai Tikvah to observe Jewish dietary restrictions, which prohibit the mixing of meat and dairy products. If you have any questions or concerns, please contact the office.

Kids Games in the park 7:15 PM

Shabbat Service to follow at 8:00 PM

RSVP (Sheila) 403-252-1654 no later than Sept 9

Suggested Non-Dairy Potluck Items

When a Temple potluck includes meat dishes, other dishes must not contain dairy products. If you are using commercially prepared products, please be sure to check ingredient labels very carefully to be sure you don't accidentally include any dairy products. Here are some helpful guidelines you can follow.

Salads

Do not use dressings that contain milk or whey products, yogurt, buttermilk, sour cream or any type of cheese.

Suggested alternates include:

- Green salad with vinaigrette (oil & vinegar dressing)
- Cole Slaw (vinaigrette or mayonnaise based only)
- Potato Salad (vinaigrette or mayonnaise based only)
- Greek Salad (without feta cheese)
- Fruit Salad
- Nicoise Salad
- Tabbouleh
- Bean or Lentil Salad
- Grilled Vegetables
- Veggie Plate
- Devilled Eggs

Desserts

Do not use butter, yogurt, milk, buttermilk, sour cream, whipped cream or ice cream. Suggested items are:

- Replace butter with non-dairy "pareve" margarine or vegetable shortening.
- Replace whipped/ice cream with frozen non-dairy whip.
- Angel Food Cake (good with strawberries & Cool Whip)
- Puffed Wheat or Rice Krispie Squares
- Sponge Cake
- Apple Cake
- Honey Cake
- Fruit Crisp (use non-dairy margarine)
- Brownies (use non-dairy margarine)
- Biscotti or Komishbroit (Mandel Bread)
- Cookies (use non-dairy margarine or vegetable shortening)
- Macaroons
- Fresh or dried fruit (also salad or compote)
- Dark Chocolate
- Popsicles

— Elaine Hashman

September 2016

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
29	30 ■ 6:15 PM Weekday Minyan	31	1	2 ■ 6:00 PM Pizza Party & Tot Shabbat Service ■ 7:59 PM Candle lighting ■ 8:00 PM Erev Shabbat Service Vice	3 Rosh Chodesh Elul Parshas Re'eh ■ 10:15 AM Shabbat Service ■ 9:04 PM Havdalah (50 min)	4 Rosh Chodesh Elul
5	6 ■ 6:15 PM Weekday Minyan ■ 7:15 PM Executive Meeting	7	8	9 ■ 7:43 PM Candle lighting ■ 8:00 PM Erev Shabbat Service Vice	10 Parshas Shoftim ■ 10:15 AM Shabbat Service ■ 8:49 PM Havdalah (50 min)	11
12	13 ■ 6:15 PM Weekday Minyan	14	15 ■ 6:30 PM Introduction to Judaism ■ 8:00 PM Great Jewish Ideas	16 ■ 6:30 PM Welcome Back Picnic Potluck & Kabbalat Shabbat ■ 7:27 PM Candle lighting ■ 8:00 PM Erev Shabbat Service Vice	17 Parshas Ki Seitzei ■ 9:30 AM Chant Service (chapel) ■ 9:30 AM Shabbat School ■ 10:15 AM Shabbat Service ■ 8:33 PM Havdalah (50 min)	18 ... Shabbat School
19	20 ■ 6:15 PM Weekday Minyan	21 ■ 6:30 PM Board of Trustees Meeting	22 ■ 8:00 PM Great Jewish Ideas	23 ■ 7:11 PM Candle lighting ■ 7:15 PM Shabbat Shiraz (wine and cheese) ■ 8:00 PM Erev Shabbat Service Vice	24 Leil Seilichot Parshas Ki Savo ■ 9:30 AM Shabbatots ■ 9:30 AM Shabbat School ■ 10:15 AM Shabbat Service ■ 8:17 PM Havdalah (50 min)	25 ... Shabbat School ■ 9:00 AM Temple B'nai Tikvah Casino ■ 11:45 AM Calgary Centre Drop-in Lunch
26 ... Temple B'nai Tikvah Casino	27 ■ 6:15 PM Weekday Minyan	28	29 ■ 6:30 PM Introduction to Judaism ■ 8:00 PM Great Jewish Ideas	30 ■ 6:55 PM Candle lighting ■ 8:00 PM Erev Shabbat Service Vice	1 Parshas Nitzavim ■ 9:30 AM Shabbat School ■ 10:15 AM Shabbat Service ■ 8:01 PM Havdalah (50 min)	2 Erev Rosh Hashana ... Shabbat School ■ 6:51 PM Candle lighting

For more information on the Calgary Drop-In Centre, please contact Paul Finkleman at pfinkleman@shaw.ca or (403) 252-8967.